

# Program leaders and instructors in recreation, sport and fitness NOC 5254

## Education

Completion of secondary school is usually required.

Completion of a college program in recreation or physical education or extensive experience is usually required.

Certification and demonstrated ability in a particular recreational, sports or fitness discipline is usually required.

Fitness appraiser certification may be required for fitness appraisers.

## Skill Sets

Teaching and Training

Processing Information

Planning

Leading and Motivating

Co-ordinating and Organizing

Supervising

Mechanical Installing, Maintaining and Repairing

Counselling and Nurturing

Protecting and Enforcing

Client Service

## Opportunities\*

- ❑ Fitness Instructor
- ❑ Sports Instructor
- ❑ Personal Trainer

\$

Median Wage \$14/HR

Source Labour Market Information - ESDC

\*Full time positions – more available as part time

